The State of Behavioral Health in Teton County, Wyoming

Community Town Hall · 2026

Teton Behavioral Health Alliance

AN INITIATIVE OF THE COMMUNITY FOUNDATION OF JACKSON HOLE

Agenda

- Welcome & Background
- What We Learned: Community Survey
- What We Learned: Provider Survey
- The Integrated Plan & New Funding
- Questions & Answers
- Closing Remarks

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Housekeeping



RECORDING

This session is being recorded and will be shared afterward.



AUDIO

Joining online? Please stay muted unless you are speaking.



QUESTIONS

Please hold questions until the end.

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Where the Alliance Came From

1 2020

Community Emergency Response Fund launched in response to COVID-19.

2 2021

Partners complete Teton County's first behavioral health needs assessment and recommend actions.

3 2022

The steering committee becomes the Teton Behavioral Health Alliance.

Today: a cross-sector network advancing behavioral health and well-being across Teton County.

Teton Behavioral Health Alliance

Mission

Teton Behavioral Health Alliance works to improve the **behavioral health care system** in Teton County, Wyoming by facilitating **community-wide actions** that enhance prevention, treatment, and crisis response efforts. We **address the gaps and inequities** in the system to benefit all who live and work in Teton County.

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The Alliance

Convenes

individuals, agencies, and practices to enhance communication and share ideas.

Coordinates

efforts to create a more effective and responsive behavioral health system.

Facilitates

meetings and events to cultivate collaboration and promote shared action.

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Community Partners

- Astoria Park Conservancy
- Community Safety Network of JH
- Coombs Outdoors
- GAP!
- Gender Diversity Wyoming
- JH Chamber of Commerce/Häagen-Dazs
- Jackson Police Department
- Mental Health and Recovery Services of JH
- Mental Wellness Collaborative
- One22 Resource Center
- Providers in Private Practice
- St. John's Health & Foundation
- Teton Behavior Therapy
- Teton County Health Department
- Teton County Library
- Teton County School District #1
- Teton County Sheriff's Office
- Teton Literacy Center
- Teton Youth and Family Services
- Vista Counseling
- Voices Jackson Hole
- Wyoming Immigrant Advocacy Project

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Updated 10.28.26

National and State Trends

- Needs remain high
- Demand exceeds capacity
- Workforce shortages
- Disparities persist

49th

Wyoming's rank in Mental Health America's 2026 State of Mental Health in America report

High rates of mental illness and barriers to care

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Mountain Resort Community Conditions



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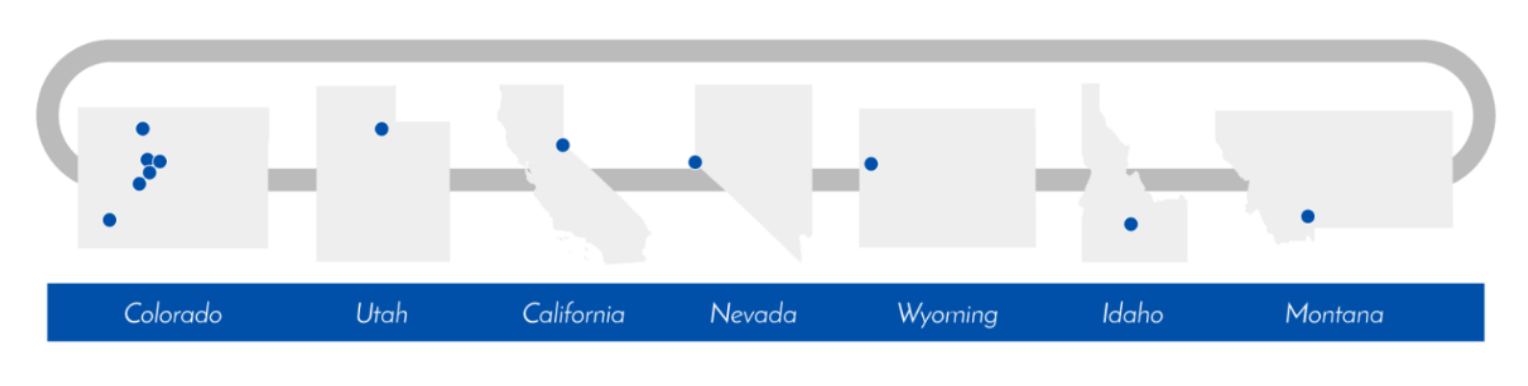
Survey Methodology



COMMUNITY BEHAVIORAL HEALTH SURVEY

1,294

RESPONSES

PROVIDER BEHAVIORAL HEALTH SURVEY

129

RESPONSES

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Community Survey

- Life in the Community
- Mental Health Challenges
- Substance Use

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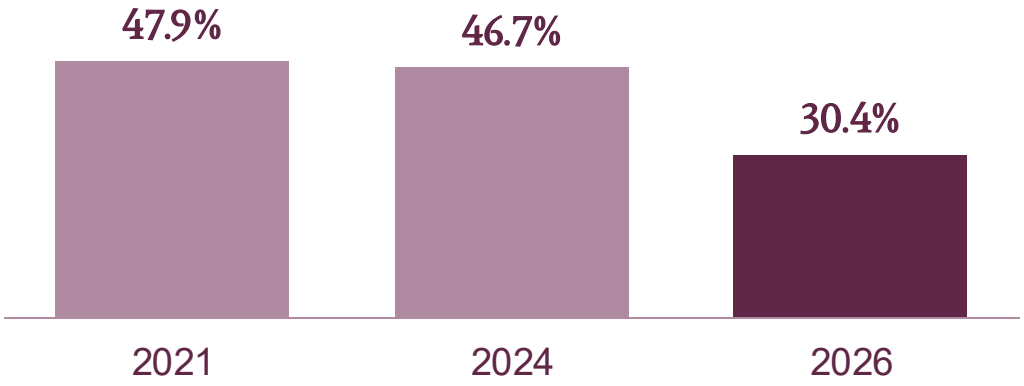
Community Survey: Trust Up, Loneliness Down

87.7%

of residents feel they can trust people in their community

Rising with each survey since 2021

Residents who are lonely



Based on feeling left out, isolated, or lacking companionship

Loneliness is not evenly shared: it is more common among young adults, Latine residents, low-income residents, and LGBQ+ / gender-diverse adults.

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Community Survey: A More Caring Community

62% → 69.6%

say people here are caring and sympathetic toward those with mental health concerns (2021 → 2026)

57.7%

say it is easy for residents to talk about mental health or emotional challenges, up from 43.1% in 2024

Steady

Awareness of local resources (78.0% → 76.2%) and likelihood of seeking local help (87.0%) have not meaningfully changed

Next step: build the bridge between empathy and action.

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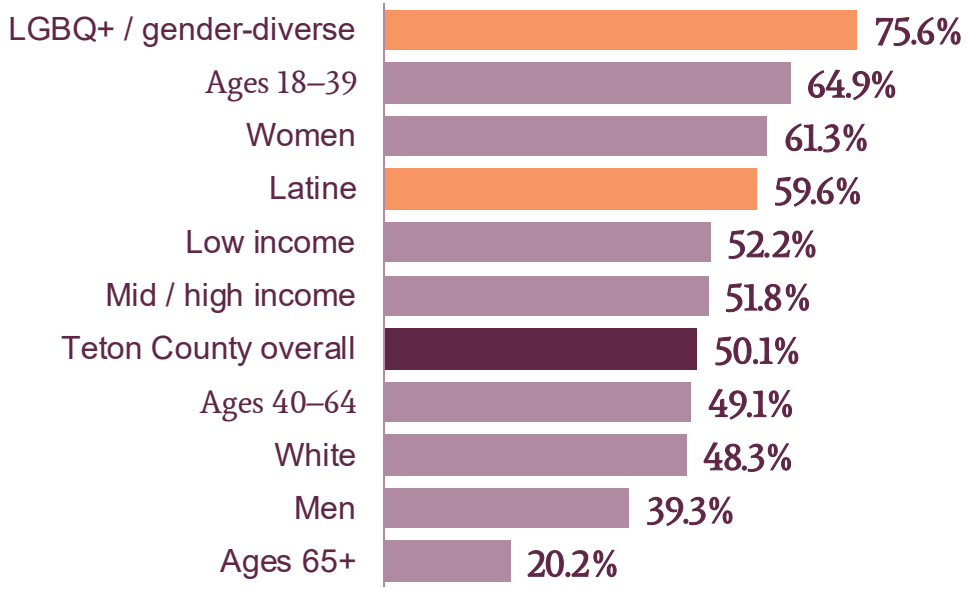
Community Survey: Personal Mental Health

Adults with 3+ poor mental health days



Source: 2026 PRC Community Behavioral Health Survey

75.6%

LGBQ+ / gender-diverse adults report 3+ poor days, the highest of any group

15 points lower

awareness of local resources among Latine adults, who are also less at ease talking about mental health

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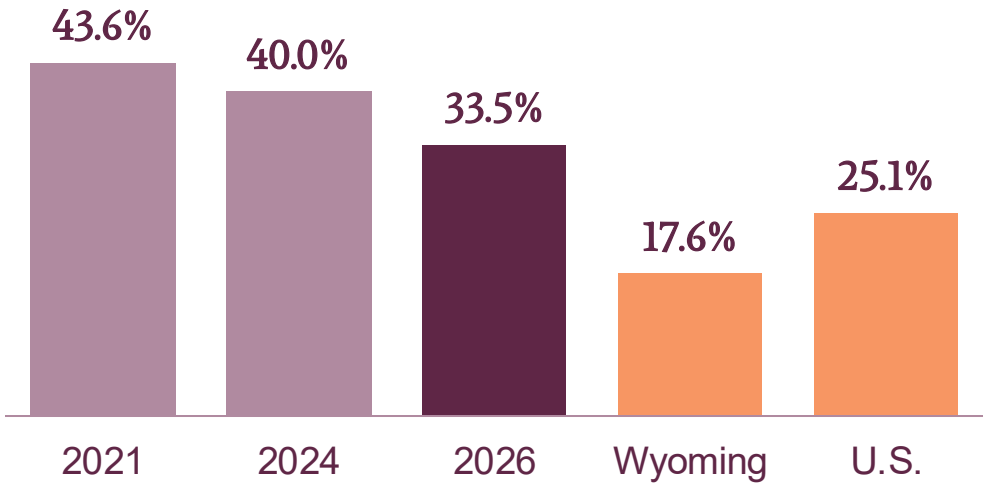
Community Survey: Substance Use

Adults reporting excessive drinking



Teton County 2021–2026 vs. state and national benchmarks.
Excessive = binge drinking on one occasion or heavy drinking over a week.

1 in 3 adults in Teton County report excessive drinking

42.8% of adults ages 18–39

37.8% of men

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Community Survey: Alcohol and Daily Life

71.9%

say alcohol is important to local social life

Say someone's substance use has directly and negatively affected their life



Behind these numbers are our neighbors, friends, and families.

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Beyond the Survey: Safety and Health

~80%

of custodial arrests in Teton County involve alcohol (state reports)

Nearly half

of local jail bookings are for impaired driving. DUI Task Force launched Aug. 2025.

Lives lost

Alcohol is a factor in up to 2 fatal crashes a year; chronic alcohol-induced conditions claim an estimated 3–6 lives annually.

Our path forward

- Continue prevention efforts
- Shift social norms around alcohol
- Expand peer-led recovery networks
- Close gaps in crisis and intensive care

The survey's alcohol measures do not cover other substance use or prescription misuse, and exclude those under 18: a partial picture.

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Provider Survey

- Availability of Services
- Gaps in Care
- Provider Well-Being

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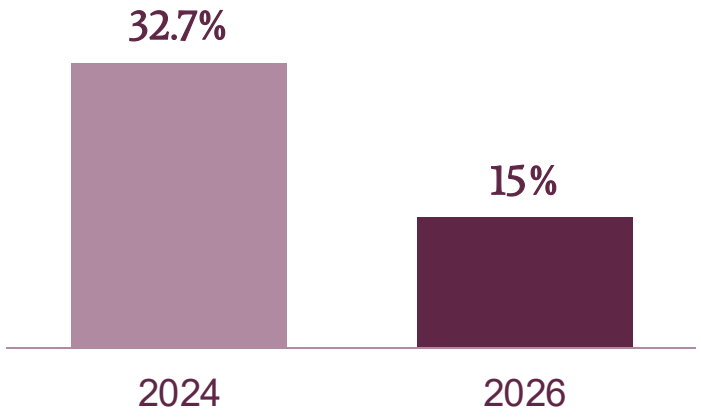
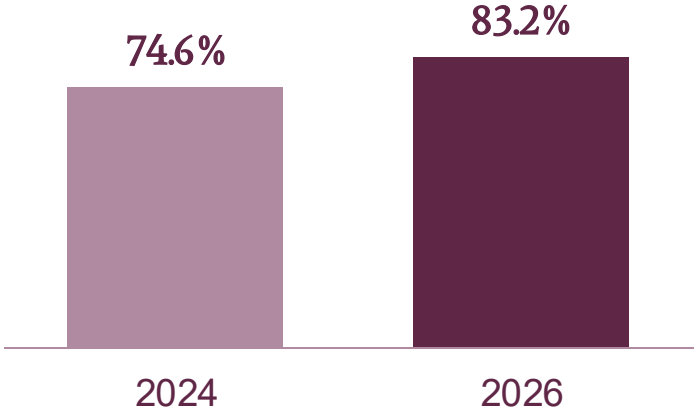
Provider Survey: Access Is Improving

Adults who needed mental health care but could not get it



Providers accepting new clients



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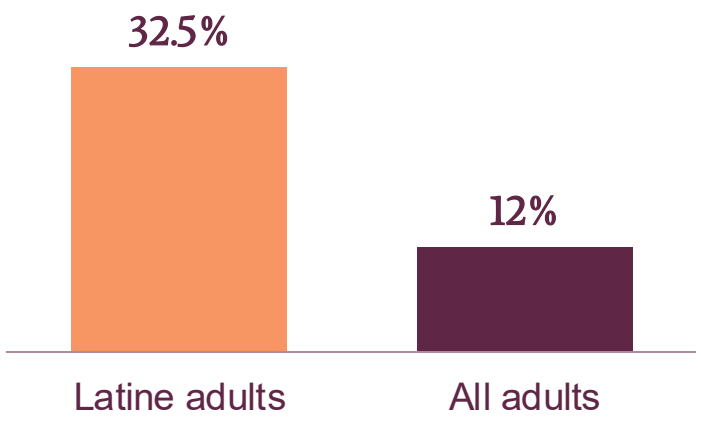
Provider Survey: Access Isn't Equal

Uninsured adults, ages 18–64



Why adults could not get care

- Cost
- Lack of providers
- No time
- Confidentiality concerns
- Inconvenient hours
- Long waits for appointments

Needs are also higher among younger adults and LGBQ+ and gender-diverse residents.

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Provider Survey: Higher-Level Care Gaps

Gaps providers named

- Inpatient mental health treatment
- Crisis response
- Crisis stabilization
- Intensive outpatient services
- Coordinated follow-up care

Wraparound support

- Housing
- Transportation
- Connections to community resources

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Provider Survey: Provider Well-Being

27.0%

of local providers reported more than 7 poor mental health days a month, up from 18.5% in 2024

Biggest stressors

Limited resources for clients: 36.6% (up from 29.9% in 2024)

Intensity of the work: 23.6%

What would help clients most

Wraparound services: 33.3%

Case management: 15.9%

Family therapy: 11.1%

A strong system supports the people seeking care and the people providing it.

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The Integrated Plan

A community-driven roadmap so everyone who lives or works in Teton County can get the support they need to thrive.

35	25	6	24
individuals at the table	local organizations	priority areas	interconnected strategies

Participants included healthcare providers, nonprofit leaders, public agencies, educators, funders, and community members with lived experience.

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Six Priorities

1 Availability of Affordable Care

Affordable services for all who live or work here

2 Navigation and Care Coordination

The right services at the right time

3 Crisis Response and Post-Crisis Care

Coordinated support before, during, and after crises

4 Youth-Focused Services

Meeting the needs of children, youth, and families

5 Provider Capacity and Wellbeing

Supporting and sustaining the workforce

6 Community Education and Engagement

Reducing stigma and raising awareness of resources

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A New Funding Approach

BEFORE

Behavioral Health Catalyst Grants: organizations proposed their own projects.

NOW

Requests for Proposals (RFPs): funding tied to the Integrated Plan's priority areas and strategies.

WHY THE CHANGE

- Fund the Plan's 24 strategies
- Encourage organizations to partner
- Focus on those facing the greatest barriers
- Reduce gaps in who can get care
- Turn priorities into action

A refinement of focus and an expansion of investment.
The first round of RFPs launched in October 2026.

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Available Opportunities: Five RFPs

The first round of RFPs launched in October 2026; each aligns with a priority area.

1	Treatment Scholarships	Availability of Affordable Care
2	Provider Communications	Provider Capacity and Wellbeing
3	Interpreter Network and Directory	Navigation and Care Coordination
4	Centralized Navigation Support	Navigation and Care Coordination
5	Tools and Resource Promotion	Community Education and Engagement

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Questions & Answers

- In the room: raise your hand and we'll bring a microphone.
- On Zoom: use Raise Hand, or type your question in the chat.
- Please keep questions brief.

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Thanks for attending.

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Survey reports, executive summary, and slides are on the Community Foundation of Jackson Hole website.

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