



## Definitions & Goals

### Definitions

Prevention	Treatment	Crisis
<p>The use of evidence-based activities aimed at stopping or reducing action and/or behavior, or promoting a positive action and/or behavior while reducing risk in order to create safe and healthy communities.</p> <p>Prevention's primary purpose is to intervene before risky behaviors occur, therefore prevention often focuses on youth because adults have already engaged with the behavior. Consequently, different prevention efforts are needed for various topics and diverse age groups.</p> <p>Prevention efforts include education, tools, and additional resources that are used to increase protective factors and reduce the need for additional support.</p>	<p>Practices that help people, including individuals with mental illnesses or substance use disorders, with their behavioral health. Treatment is conducted by a provider and includes various modalities that can serve individuals or groups. Treatment refers to direct service.</p> <p>*Clinical treatment is evidence-based and is provided by a licensed professional.</p>	<p>When one's mental health and/or environment puts the individual and/or others at risk of harming themselves or others and/or prevents them from performing daily tasks and/or interfere with functioning</p>

## Goals

Prevention	Treatment	Crisis
<ul style="list-style-type: none"> <li>• <b>Decrease the importance of alcohol</b> and other drugs in social lives for adults and youth</li> <li>• <b>Increase familiarity and comfort in talking about behavioral health</b> and knowing when and how to get care</li> <li>• <b>Increase community connection and belonging</b>, especially among and within historically marginalized populations (e.g., LGBTQ+/gender diverse, Latine)</li> <li>• Increase in <b>workplaces supports for behavioral health</b></li> </ul>	<ul style="list-style-type: none"> <li>• <b>Increase awareness of where to go for care</b> so that all community members can navigate the behavioral health care system in Teton County</li> <li>• Improve the ease with which community members <b>identify and connect</b> with the behavioral health services they need</li> <li>• <b>Increase availability of affordable</b> behavioral health services, especially for low-income, underinsured, and/or uninsured individuals</li> <li>• <b>Increase availability of culturally-responsive</b> behavioral health services, especially for the Latine community</li> <li>• <b>Increase the diversity</b> of behavioral health providers to reflect the diversity of our community</li> <li>• <b>Bolster the mental wellbeing</b> of behavioral health providers</li> <li>• Provide <b>learning opportunities</b> for behavioral health providers</li> </ul>	<ul style="list-style-type: none"> <li>• Assess feasibility of developing <b>new crisis services and/or facilities</b> (e.g., mobile behavioral health unit, intensive outpatient services, detox center)</li> <li>• Increase the extent to which people in crisis are experiencing <b>patient centered, culturally-competent, and trauma-informed</b> services</li> <li>• Increase <b>continuity of care after crisis</b> so that individuals receive ongoing community support for their recovery</li> </ul>