



Teton
Behavioral
Health
Alliance

AN INITIATIVE OF THE COMMUNITY
FOUNDATION OF JACKSON HOLE

Behavioral Health Initiative

Working in the community as
Teton Behavioral Health Alliance



The Challenge

Mental and behavioral health needs in Teton County are rising—but the system is stretched thin. Many people struggle to find services that are accessible, affordable or designed to meet their unique needs.

We're working to change that so everyone who lives or works in Teton County has access to the support they need to be healthy and experience well-being.

Our Approach

We lead the Teton Behavioral Health Alliance, bringing together 20+ partners to make mental behavioral health care more available, easier to navigate and more responsive.

Together, we're focused on **six key goals:**

- **MORE ACCESSIBLE CARE**
Increase access to affordable care through trusted providers
- **BETTER NAVIGATION**
Make it easier for people to find and get the help they need
- **STRONG CRISIS SUPPORT**
Strengthen crisis response and care after a crisis
- **YOUTH-FOCUSED SERVICES**
Expand care that meets the needs of children and teens
- **SUPPORT PROVIDERS**
Help our local care providers stay strong and supported
- **COMMUNITY AWARENESS**
Work together on education and prevention

Why It Matters

Behavioral health affects every aspect of life. When people get support early, at an affordable cost and without stigma, they are more likely to thrive and contribute. By working together, we can build a stronger system and a healthier, more resilient community.

The Need

47% OF RESIDENTS REPORT
FEELING **LONELY OR**
SOCIALLY ISOLATED

40% OF RESIDENTS SAY THEY
WOULDN'T KNOW HOW TO
HELP A LOVED ONE IN CRISIS

13% OF **STUDENTS** IN GRADES 6
AND 8 REPORTED SERIOUSLY
CONSIDERING SUICIDE IN THE
PAST YEAR



WHAT WE MEAN BY

Behavioral Health

Behavioral health encompasses mental health, substance use and overall emotional well-being. It addresses prevention, treatment and recovery and supports individuals, families and communities in leading healthier, more resilient lives.

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